

The 4T Trail of Portland

TRAIL, TRAM, TROLLEY, and TRAIN

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TRAIL

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Portland's 4T - Trail, Tram, Trolley and Train

For the ultimate Portland excursion, take an afternoon to explore Portland's 4T-trail. Begin with a hike on the Marquam Trail to the city's highest point, Council Crest, then pass through the campus of Oregon Health and Science University (OHSU). From there, catch a free ride down the Portland Aerial Tram to the South Waterfront District along the Willamette River. Hop on the streetcar (trolley) and enjoy the ride into downtown Portland, where you can return to the start via a MAX light rail train. The walking portion of this loop, from zoo to tram, is 3.95 to 4.5 miles, depending on the route you take. It involves steep trails that can be muddy in wet weather.

